

TRANQUILITY TRAIL

Free Guide

Being in tranquil spaces can help us relax, clear our heads and think about important things affecting our lives. Being surrounded by nature has also been found to be hugely beneficial for health and well-being especially if we can also hear the sounds of nature. The Tranquillity Trail allows you take time to appreciate nature even in the midst of this vibrant city while allowing important personal downtime and healthy exercise.

This leaflet guides you on a circular, clockwise journey from the Cathedral Close along relatively quiet routes to some beautiful, tranquil spaces in Bradford.

The walk is 1 mile to Peel Park, an additional half-a-mile to the cemetery, and around 3.5m in total, taking just over an hour, at average walking speed, to complete, not including stops / exploration!

7. Undercliffe Lane to Barkerend Road. On leaving the cemetery turn right and walk down the hill and past Carlton Bolling College. Cross Undercliffe Lane near the end of the college grounds and take the left turn into Mildred Street. This follows the perimeter of the college grounds and bearing left you are now in Greenway, a path that leads through lawns planted with trees between housing. This is one of the quietest areas on the trail as the traffic noise is effectively blocked by the surrounding buildings. Pass through a low barrier next to a row of boulders (see below) and continue following the path, which will bear left past a boulder. Continue following the path until you come to the entrance to 'Beech Grove Park'. Go through the gate and follow the path that curves to the right. Go past another arch, following the path that runs ahead, and you'll see lots of plants. At the end, curve to the right and pass through a barrier near the school, bearing right back onto the road. Now turn left, and you should find yourself on Byron Street. Pass The Olive Foundation on the left and you'll shortly come to the main road. When you see St. Clements Church, turn right.



8. Barkerend Road to Cathedral. The final section of the trail follows Barkerend Road downhill. Continue down hill, and when you come to the roundabout, cross at the pedestrian crossing. Continue following the main road and cross the Shipley Airedale Road. Go past the old house and soon you will see the corner of the Cathedral. Cross the end of Stott Hill and enter Cathedral Close through the entrance you left earlier. You can now enjoy a well earned rest in the quiet surroundings of the close or why not enter the Cathedral for quiet reflection where you'll always find a warm welcome. Finally when rested why not have a look at the magnificent interior. There is a free guide available near the entrance providing details of many of the outstanding features of this wonderful building.

The Tranquility Trail was originally prepared by Greg Watts with assistance from Gillian Davis. Updates made in Summer 2020 by Maggie Myers and Philip Lickley.

We would welcome your feedback on the Tranquillity Trail. Please email: info@bradfordcathedral.org or speak to a member of staff at the cathedral. Thank you.

5. Harrogate Street. This is a block ended residential street with little traffic so enjoy the solitude and gardens as you walk towards Otley Road. Cross directly over Otley Road and enter the cemetery entrance.



6. Undercliffe Cemetery Conservation Area.

Mount the old steps directly ahead of you and follow the path round to the right which takes you through the trees. (If you don't want to walk on the grass, turn left here instead and follow the trail around to the main path). At the t-section turn left up the slope, following the curve to the right, which should bring you out to the main path by a large Obelisk and a bandstand. Turn left and after a short walk you'll see some steps on your left; turn right opposite these. Here you will find a large collection of magnificent, tall and elaborate stone memorials. Go straight ahead to the exit to the cemetery, by the visitors' building. However, if time allows there are plenty of areas and paths to explore around the cemetery, and there are expansive views towards the surrounding moors. This part of the cemetery is well shielded from traffic noise and is a tranquil space for mental relaxation. Return by the same route and find the exit to the cemetery as described above into Undercliffe Lane.





1. Cathedral Close. A wonderful peaceful space in the heart of the city shielded from traffic and construction noise by the cathedral buildings and massive stone perimeter wall. The green lawns, mature trees and shrubs add to the sense of tranquillity. Leave by the top (north east) gate and turn left into Stott Hill (see map opposite to follow route).



2. Stott Hill to Wapping Road. Follow Stott Hill downhill and then turn right into Captain Street which is quiet as it carries little traffic. You'll pass a small car park and the 'School Apartments' (shown above). Follow it round a left bend, behind the Corn Dolly pub, until it joins Bolton Road. Turn right onto Bolton Road cross over, and walk towards the main Shipley Airedale Road. Cross at the pedestrian crossing. Once safely over, climb the left branch of the steep wooded path that leads to Wapping Road.

You can download a map and GPX of the trail at <https://bradfordcathedral.org/visit/tranquility-trail/>

Please ensure that when following the trail you abide by any current COVID-19 guidelines, and be aware of your own personal safety whilst following it. Some sections may be unsuitable for those with limited mobility.

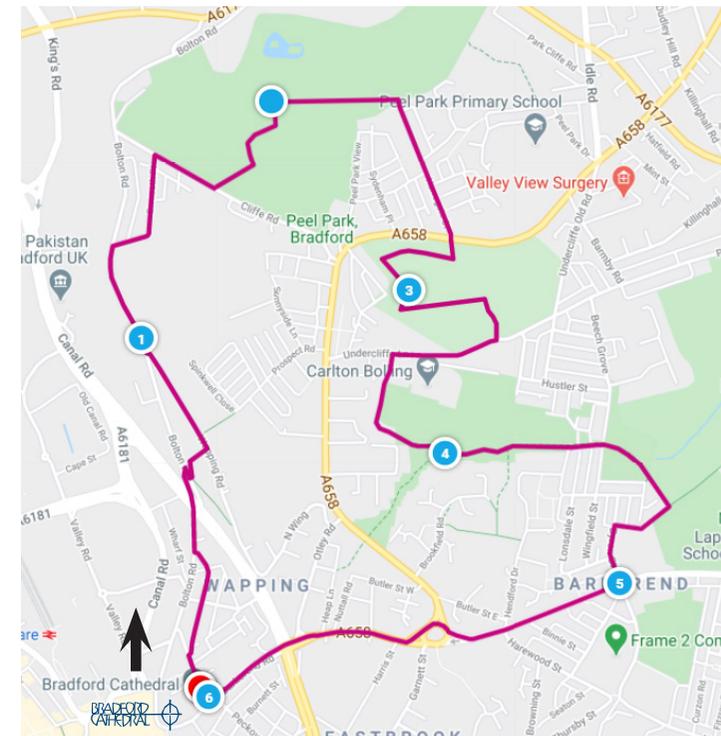


3. Wapping Road to Cliffe Road. Turn left onto Wapping Road, cross over, and as you follow the road, passing near to the old 'Ridgeway Press' building, notice the expansive views over the moors, the wooded slopes on the right and rocky outcrop. Due to low traffic flows and the natural features in view this is a relatively tranquil part of the Trail.

Continue along the road and take the first right onto Cranmer Road, a quiet residential street with grassy slopes at the end. Follow the road round to the left and you are now in the adjoining residential street, Exmouth Place that is also peaceful.

Carry on a short way and you come to a T-junction with Cliffe Road. Here you turn right and you'll see a grassy bank and trees that run next to the playing fields adjacent to Peel Park. Walk along Cliffe Road and cross over the side road, Barmouth Terrace. A short distance further on, you'll notice an entrance with a traffic barrier at the edge of Peel Park and there cross Cliffe Road.

Pass around the barrier and then up the bank on the right following the line of large stones and cross the grass diagonally heading for the edge of the skateboard park. Near there find a tarmac path and turn left, shortly to pass the tennis court and Peelers' Café.



4. Peel Park. Follow the path around and walk down the small path to your left marked with a 'link' arrow. Look left and you should be able to see the chimney of Lister's Mill. At the end of the link path turn right onto the terrace, a long straight path with fine statues of the seasons on one side. This is the most tranquil part of the whole trail so take your time to look around you and admire the mature trees, grassy well kept lawns, shrubs and flowers. If you have time descend the slope, or steps near the end, and explore the area round the duck pond and formal gardens. You could even run a 400m race if you so wish using the markers! Rejoin the terrace and walk to the end passing over a bridge and then immediately find the gap in the stone wall on the right and turn into the end of Harrogate Street.

